Mosaic **Matters**

DECEMBER 2022



Warmest wishes for health and happiness in the New Year

Joyce Tucker Memorial: This custom glass mosaic was created by Central Oregon mosaic artist Rochelle Rose-Schuler to commemorate Joyce Tucker who passed away earlier this year. Joyce was one of Mosaic's longest serving board members and was a valued patient representative. The artist was inspired by heartfelt written memories of those who knew Joyce best. The mosaic piece has been installed in a window of the conference room at Mosaic's Conners Health Center on Bend's eastside.



This holiday season swap gifts, not germs

The holiday season brings gatherings and also, unfortunately, higher rates of illness. It is not only gifts that are swapped—germs are too! This year a combination of an early flu season, high rates of respiratory syncytial virus (RSV) and continued COVID-19 infections mean that extra caution is advised.

For healthy, happy holidays:

- Make sure you and your family members are up-to-date on vaccinations. Getting vaccines doesn't mean that you won't get ill, but it does reduce the chance of serious illness and hospitalization.
- Ask guests who have symptoms of illness to please stay home.
- Rapid at-home COVID-19 tests can help guests determine if they should visit or not.
- Keep your home well-ventilated by opening windows and running an air purifier.
- Consider wearing masks if you have vulnerable family members or guests (RSV is especially risky for infants and young children), or when you are in a place where people are gathered closely together.
- Cover your mouth and nose with a tissue when coughing or sneezing.

Mountain View High SBHC set for spring opening

In partnership with Bend-La Pine Schools and Deschutes County, this spring Mosaic will be opening a new School-Based Health Center (SBHC) at Mountain View High School in Bend.



SBHCs are medical clinics offering a full range of physical, behavioral and preventative health services. The location will serve patients from birth through age 18 in addition to students at the high school.

- A SBHC at Mountain View High will allow students to access healthcare services during the day
 while at school and will help reduce barriers to access such as cost, transportation, and
 inconvenience.
- Almost 30% of all students attending Mountain View High School qualify for the reduced lunch program and the Oregon Health Plan (Medicaid). A SBHC on-site will provide healthy support for these students.
- With an emphasis on prevention, early intervention, and risk reduction, Mountain View High SBHC providers will counsel students on healthy habits.

Mosaic is currently seeking donations to raise the remaining funds needed to support this new location. **Please donate HERE**.

If you would like to learn more, please reach out to Emily Boynton at donate@mosaicmedical.org.

Mosaic welcomes three new board members

We are happy to share several recent updates related to our board of directors, including the addition of three new members and our newly elected Executive Committee Members.

Please welcome the following new members to our board:

Mistilyn Gebow (Community Representative) has a background in strategic consulting and a passion for making sure underserved communities have access to healthcare.

Moises Hernandez (Community Representative) works with the agricultural worker community and much of his career has been dedicated to supporting them.

Todd Riley (Community Representative and newly appointed Treasurer) is Bend's Fire Chief and oversees emergency medical services. As such he truly understands the importance of access to affordable healthcare for all Central Oregonians.



Mistilyn Gebow



Moises Hernandez



Todd Riley

The board recently elected new Executive Committee Members, including:

Rod Ray (Patient Representative) Chair Jean Stevens (Patient Representative) Vice-Chair **Chandra Atwood** (Patient Representative) Secretary **Todd Riley** (Community Representative) Treasurer

Many thanks to John McLaughlin, outgoing Chair, who remains on the board.

View information about Mosaic's leadership, including our full board of directors HERE.

Did you know? As a nonprofit community health center, Mosaic is required by the Health Resources & Services Administration (HRSA) to have more than 50% of our board members be patient representatives. And because HRSA provides funding to Mosaic to support seasonal agricultural workers, we are also required to have someone who works with or is part that community on our board.



HRSA Site Visit Completed Successfully

Mosaic is proud to announce that we recently received "zero findings" and achieved 100% compliance in a recent Operational Site Visit (OSV).

Learn more about this remarkable success **HERE**.

RESOURCES

Need health insurance?

Mosaic's Enrollment team can help anyone in the community— no matter where they go for healthcare—with resources and applications.

Call: **541-647-2717** Monday-Friday 8 a.m. - 4:30 p.m.

From our partner: NeighborImpact

For a list of **local food distribution sites**, visit NeighborImpacts's resource page

NeighborImpact's **Home Weatherization** program provides free retrofit repair services which can include adding insulation, sealing leaky ducts and repairing heat systems for income-qualified clients. Contact: **541-316-2034** or homewx@ neighborimpact.org

Winter donation drive for Mosaic's Mobile Clinic

Now through the end of January we are accepting donations of warm winter items such as hand warmers, sock, gloves and boots. All items, including clean and gently used items, are welcome.

Donations may be dropped off at any Mosaic site in Bend, Redmond, Madras or Prineville.

Or, you may order from our online wishlist **HERE** to have items delivered directly to us.

Donated items will be distributed to patients who access our Mobile Clinic services.









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providers, services, locations, job opportunities and more on our website: mosaicmedical.org

facebook.com/mosaicmedical and on Instagram @ mosaicmedical









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