Omron BP Cuff User Setup Guide

MOSAIC COMMUNITY HEALTH

Welcome!

Let's set up the online accounts and apps on your iPhone. This will enable your phone to report your vitals back to your health record at Mosaic.

Overview

Shown below is a quick summary of the steps you'll be taking to get your iPhone set up properly. Each step will be covered in detail in the following pages and will guide you through the process.

Step 1	Step 2	Step 3	Step 4	Step 5	Step 6	Support
MyChart account setup/app download	Omron Connect app download/setup	Omron BP monitor/app linking	Omron app configuration	Verify Apple Health Settings	MyChart app configuration	Troubleshooting your iPhone

IMPORTANT: Complete the steps listed throughout this document in the order they are shown. Make sure you have completed each step before advancing to the next step in the process.

How the Entire System Works

Your Omron BP monitor sends your vitals/BP information to the Omron Connect app
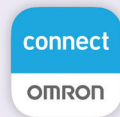
The Omron Connect app relays your health data to the Apple Health app

The Apple Health app shares your data to your MyChart App

Your MyChart app transmits blood pressures to your chart at Mosaic

IMPORTANT:

All permissions must be set in each app to allow this flow of data. You will need to go into each app and configure the settings.

LET'S GET STARTED!

MOSAIC COMMUNITY HEALTH

Step 1: Set up your MyChart account and app

Step 1-A

Sign up for an online MyChart account:

Scan this QR code…

or visit
https://bit.ly/MosaicMyChart

Step 1-B

Download the MyChart app to your phone and set it up:

Scan this QR code…

or visit
https://bit.ly/AppleMyChart

Step 2

Download the Omron Connect app:

Scan this QR code…

or visit
https://bit.ly/OmronConnect

Step 3

Link your OMRON BLOOD PRESSURE MONITOR to the OMRON CONNECT APP.

Follow the steps in the Omron connection guide that came with your monitor. When finished, proceed on to step 4.

Step 4: Configure your Omron Connect app

Step 4-A

- **Launch the Omron Connect app on your phone**
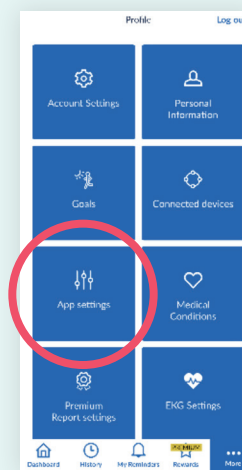- **Click the MORE button; navigate to the app's DASHBOARD**
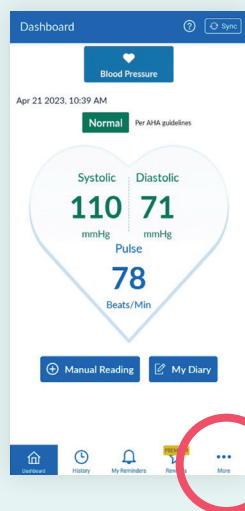
Step 4-B

- **Click the PROFILE button**
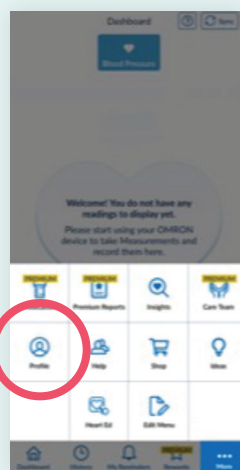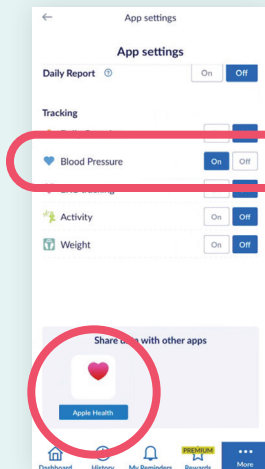
Step 4-C

- **Click the APP SETTINGS button**

CONTINUE STEP 4

Step 4: Configure your Omron Connect app

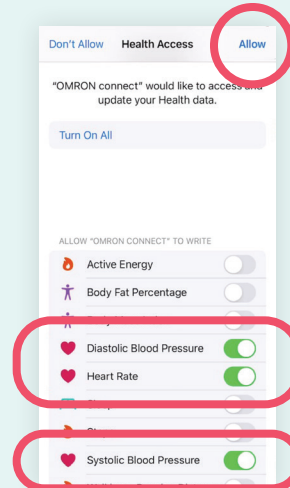### Step 4-D

- In APP SETTINGS, scroll down to TRACKING, make sure the BLOOD PRESSURE button is toggled to the ON position

- At the bottom of the screen, under SHARE DATA WITH OTHER APPS, click the APPLE HEALTH icon

- On the following screen, click the LINK button

Step 4-E

- On the HEALTH ACCESS screen, make sure the DIASTOLIC BLOOD PRESSURE, HEART RATE, and SYSTOLIC BLOOD PRESSURE parameters are toggled to the ON position

- Then, click the ALLOW button in the top right corner of your screen

Step 4-F

- After completing the previous step, you will see the screen shown here, indicating that your Apple Health app is LINKED with your Omron Connect app

- Click the HOME button on your phone to exit the OMRON APP and return to your HOME screen
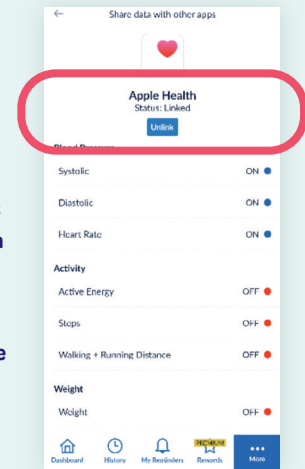
Step 4: Configure location settings for your Omron Connect app

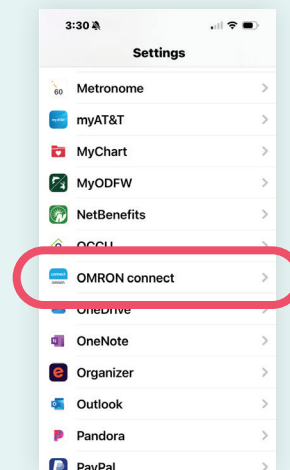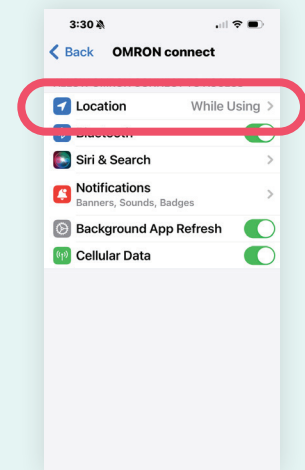### Step 4-G

- On your home screen click your SETTINGS app
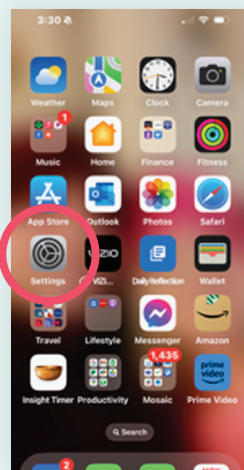
Step 4-H

- On your SETTINGS screen, scroll down and click on OMRON CONNECT

Step 4-I
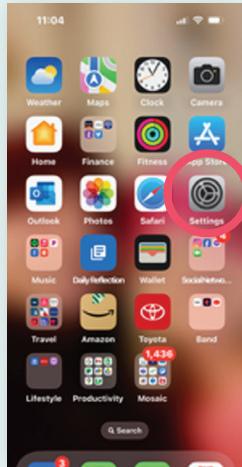
- On the OMRON CONNECT screen, set your LOCATION parameter to WHILE USING THE APP

- Click the HOME button on your phone to exit SETTINGS and return to your HOME screen

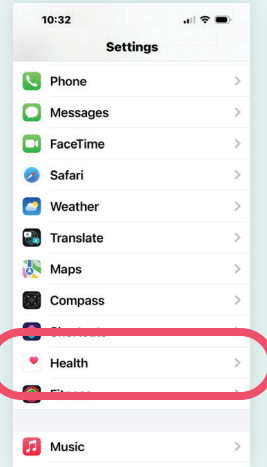## Step 5: Verify Apple Health app settings
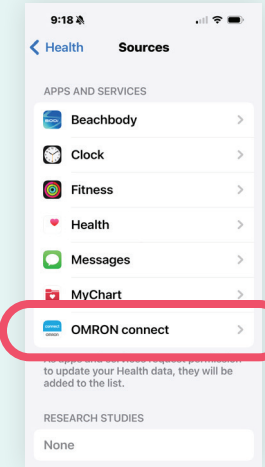
Step 5-A

- Select the **SETTINGS** app on your iPhone

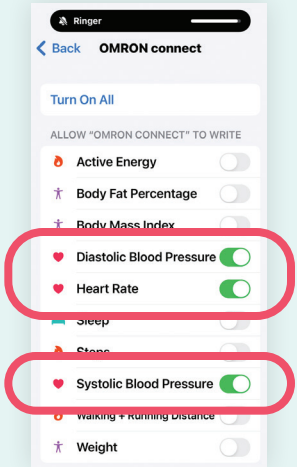### Step 5-B

- Select the **APPLE HEALTH** app

Step 5-C

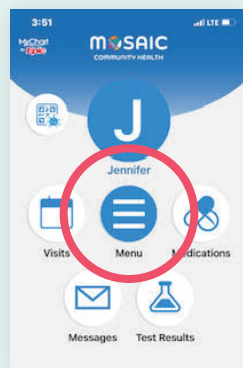- Select the **OMRON CONNECT** app

Step 5-D

- Verify **DIASTOLIC BLOOD PRESSURE, HEART RATE,** and **SYSTOLIC BLOOD PRESSURE** are toggled to the **ON** position

- Click the **HOME** button on your phone to exit the **OMRON APP** and return to your **HOME** screen

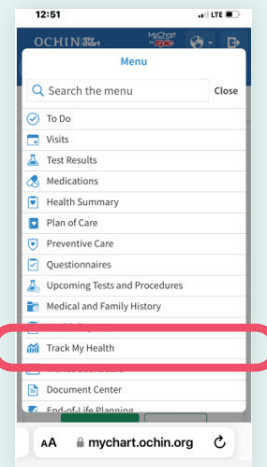## Step 6: Configure MyChart app permissions for your iPhone

Step 6-A

- Open the **MY CHART** app

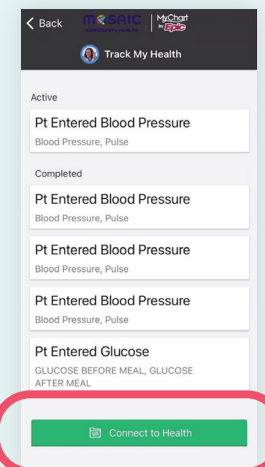- Log in to your account and select **MENU**

Step 6-B

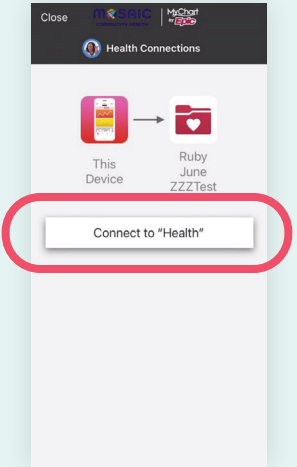- On the MENU screen, select **TRACK MY HEALTH**

Step 6-C

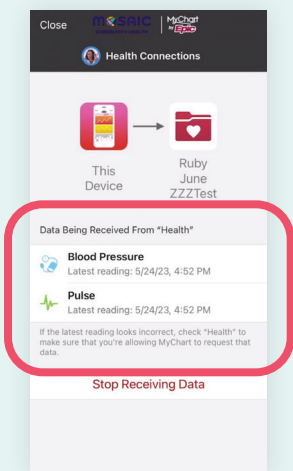- On the **TRACK MY HEALTH** screen, select **CONNECT TO HEALTH** at the bottom

Step 6-D

- On your **HEALTH CONNECTIONS** screen, click the **CONNECT TO HEALTH** button

CONTINUE STEP 6

YOU'RE FINISHED!

When your apps are synched correctly, your screen should look like this:

Support: Troubleshooting your iPhone

Note

It can take up to 2 hours for the data to display in the patient's Chart.

Issue #1

BP's are failing to show in MyChart but are showing in Omron and Apple Health.

Solution

Within the MyChart app, select STOP RECEIVING DATA, and once disconnected, select CONNECT TO HEALTH and follow prompts to reconnect Apple Health.

Issue #2

BP's are not showing in Apple Health or MyChart.

Solution

Restarting the phone will often fix this issue.

Questions? Call us at 541-383-3005