

Ready for Medicare

Pre-Enrollment Checklist



LEARN - 6 months before your 65th birthday

- ❑ **Attend a local Medicare information session**
 - Central Oregon Community College offers “The A B C’s & D’s of Medicare” class in Bend and Redmond throughout the year. Space is limited and registration is required for this free class. www.cocc.edu
 - Bend Senior Center hosts “The A B C’s & D’s of Medicare” class on the first Thursday of every month (with the exception of November, December and January). Dates are listed at www.Medicare.Pacificsource.com under Events.
- ❑ **Learn about your Medicare options**
 - Visit Medicare.gov for detailed information about the Medicare health and prescription drug plans in our area.
 - Call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

APPLY - 3 months before your 65th birthday

- ❑ **Submit your application for Medicare Part A and Part B online or by phone**
 - Visit www.ssa.gov to sign up for Medicare online.
 - Call Social Security at 1-800-772-1213 to sign up for Medicare on the phone.
 - If you are already collecting Social Security, you will automatically be enrolled in Medicare.
 - After applying, you will receive your “red, white and blue” Medicare card. Now you can explore additional coverage (Medicare Advantage, a Supplemental Plan and Part D) to avoid late enrollment penalties. See next steps below.

RESEARCH + ENROLL - 1-3 months before your 65th birthday

- ❑ **Set an appointment to meet with a SHIBA volunteer**

Contact the local Senior Health Insurance Benefits Assistance Program (SHIBA) volunteers for free individual counseling regarding potential additional coverage. SHIBA volunteers can answer Medicare questions and help you enroll, but cannot recommend a Medicare plan for you. Visit www.councilonaging.org or call 541-678-5483.
- ❑ **Set an appointment to meet with a local, independent insurance agent**

Contact an Oregon Health Insurance Marketplace partner agent (licensed insurance agent) to receive extra assistance and professional guidance on which additional Medicare options may be best for you. For a list of partner agents in Central Oregon visit www.healthcare.oregon.gov or call 1-855-268-3767.

Note: If your birthday falls on the first day of the month, your “Birthday Month” as far as Medicare is concerned is the month BEFORE.

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Ready for Medicare

Post-Enrollment Checklist



SCHEDULE - *Within 1 month of Medicare enrollment*

- Schedule your “Welcome to Medicare” visit**
 - Once you have your Medicare card, call **541-383-3005** to make an appointment at Mosaic Medical for a unique, one-time only opportunity for a complete assessment of your health. This visit provides a baseline for future, personalized care with your provider.
 - This visit allows you to have time to discuss short and long term steps to disease prevention with your provider.
 - Note: You are able to access this important benefit **ONLY during the first 12 months** following your Medicare enrollment.

SCHEDULE - *Within 12 months of completing your “Welcome to Medicare” visit*

- Schedule and complete your “Annual Wellness” visit at Mosaic Medical**
 - Annual Wellness visits are focused on prevention and talking with your provider about important screenings, home safety, review of your medications and more.
 - Note: You are able to access this important Medicare-covered benefit—with no copay or deductible—once every year after the completion of your initial “Welcome to Medicare” visit.
 - Be sure to complete an Annual Wellness visit every year.